

# **OUR MISSION**



works to **ease the impact** of cancer on the lives of teens and young adults, **raise survival rates**, and **find a cure** for sarcomas and other solid tumor cancers.





# **EASE THE IMPACT**

In 2023, we funded \$168,694 which served over **2,064** patients and families through our patient programs that address unmet emotional and physical needs.



# RAISE THE RATE

In 2023, we raised **\$827,040** to ease cancer's impact, increase awareness and early detection, and to further research for less toxic, personalized cancer therapies.



# **FIND A CURE**

In 2023, we funded **\$312,000** in research aimed at finding a cure for solid tumor cancers.









## LETTER FROM THE EXECUTIVE DIRECTOR



Our motto this year has been **Better Together**, and it has certainly proven to be true! We have been able to add several key positions which will allow us to better fulfill our mission. We now have an Events Manager who is dedicated to all of our fundraising events — both in person and virtually.

We have hired a Business/Systems Manager to keep our office, database, and reporting running smoothly. Lastly, we have created a new position, dedicated to our patient programs. This role is essential in growing and supporting our patients and their families by providing them with much needed resources and impactful experiences. Due to these new hires, we have doubled our office space and now have a dedicated room for our Carley's Closet program! Please come by and we will be happy to give you a tour and introduce you to our new staff.

These new positions equip us to grow and increase our footprint in the adolescent and young adult (AYA) cancer landscape well beyond the borders that we are currently serving. Our board has been hard at work on developing a robust Strategic Marketing Plan and Business Plan for this next phase. With more than 90,000 new cancer diagnosis in this age group (15-39) in the





U.S., more resources and research are needed more than ever. Because of our donor and grantor support, we were also able to award over \$300,000 to four different collaborative research projects that span across the country and British Columbia. We remain committed to being part of the breakthrough treatments for sarcomas and other solid tumor cancers. We won't back down until we have succeeded.

An eventful milestone took place in May of 2023 that benefits young cancer patients across Texas, one that Carley worked tirelessly on in both the Texas and Colorado legislatures. In 2020, she was able to witness the passing of the Fertility Preservation bill in Colorado. After testifying five years ago, along with numerous other advocates, Texas has passed their own Family Preservation bill that provides insurance coverage for teens and young adults to preserve their ability to have children prior to toxic chemo and radiation. This provides hope for the future in an otherwise very frightening time.

Since 2011, we have helped thousands of patients and supported cutting edge research, but there is so much more we can do. I am thankful for our leadership and donors who are positioning Rutledge Cancer Foundation for the future. Join us as we continue to reach new heights in fulfilling our mission to ease cancer's impact, raise awareness, and find a cure, because we are always **Better Together!** 

With Hope in Finding a Cure,

Laura Putlada

Laura Rutledge
Co-Founder and Executive Director



## **EASE THE IMPACT**

In 2023, RCF was able to serve over **2,064 patients** and family members with **\$168,694** spent on innovative programs, patient events, supportive care, and outreach.

## **RCF PATIENT PROGRAMS:**

#### CARLEY'S CLOSET

Started in 2011, Carley's Closet serves the unique needs of adolescent and young adult cancer patients at both pediatric and adult medical centers, supplying resources and comfort items to help keep patients active and positive throughout their treatment. RCF also provides Christmas stockings to patients with age-appropriate gifts and comfort items to help them get through the holiday season.



782
patients received
New Diagnosis Bags



Stockings

#### **ONCO-FERTILITY PRESERVATION**

Loss of fertility is a significant side-effect of cancer treatment for patients diagnosed during their reproductive years and a source of considerable emotional distress. In partnership with Moncrief Cancer Institute, Rutledge Cancer Foundation helped pioneer a community-wide Onco-Fertility Preservation Program. The program includes fertility preservation education, care coordination, and financial assistance for medically underserved teen and young adult cancer patients. RCF also supports fertility preservation programs at Cook Children's Medical Center and MD Anderson Cancer Center in Houston. In a landmark decision, the Family Preservation Act was passed into law in Texas in 2023, requiring private insurance companies to cover fertility preservation for cancer patients. RCF will continue funding uninsured or underinsured patients.



patients were blessed through the Onco-Fertility Preservation Program















# **RCF PATIENT PROGRAMS:**

#### THERAPEUTIC CANCER EXERCISE



Research has proven that cancer patients who exercise during and after treatment have better outcomes. In 2019, RCF brought ForeverFit (formerly FitSteps) to UNT Health Science Center in Fort Worth. Clinical exercise specialists work directly with patients to provide an individualized exercise plan based on their diagnosis and physical capabilities. This program is offered free of charge to all cancer patients through funding from RCF.

# TRAVEL ASSISTANCE FOR FIRST DESCENTS SCHOLARSHIP RECIPIENTS



First Descents provides life-changing, outdoor adventures for young adults impacted by cancer and other serious health conditions. Many young adult patients apply and receive scholarships to the First Descents Program but cannot afford the travel cost to get there. In 2022, RCF opened a travel assistance fund to allow patients to participate.

#### **PATIENT OUTINGS**



Life during and after cancer is especially difficult for teens and young adults. Patients try to maintain a "normal" life but suffer from long-lasting and life-changing issues. These stressors often cause added isolation and depression, affecting overall health and patient outcomes. RCF's patient outings are designed to bring young patients and their families together to help them forget about their cancer for a while and give them a sense of community with others who understand.

1,460
people attended RCF
AYA Awareness events



404 volunteers served young cancer patients through RCF





## **FIND A CURE**

#### RCF SARCOMA AND SOLID TUMOR RESEARCH

Since 2011, Rutledge Cancer Foundation has donated over **\$1,715,197** for immune-based, targeted pediatric sarcoma research and clinical trials. We follow our research projects carefully, requiring bi-annual progress reports. RCF has supported 13 new therapies and six clinical trials. Our goal is to get less toxic, more curative therapies to patients as quickly as possible. Current projects include:



# mRNA Ewing Vaccine Doctors Timothy Chan and

Doctors Timothy Chan and Pete Anderson, Cleveland Clinic Cleveland, Ohio

# Targeting IL1RAP

Dr. Poul Sorensen and team at University of British Columbia Vancouver, BC, Canada

# 3

# **SRB1 Nanoparticle Drug Testing**

Dr. Jason Yustein, Emory University *Atlanta, Georgia* 



# **Drug Delivery with IKE & GPX4**

Drs. Greg Aune and Alex Bishop, UT Greehey Children's Cancer Research and Jim Graham, Qana Therapeutics San Antonio, TX

For more details on our research visit our website: rutledgecancerfoundation.org/research





# **2023 CONTRIBUTIONS**

# Our deep gratitude goes to all who give in support of our mission.

#### CORPORATE SPONSORS/DONORS

#### \$10,000 and Above

Aegon Transamerica Foundation Amon G. Carter Foundation Bahr Family Fund — Schwab Charitable CapRock Partners Giving Foundation Charles and Kelly Secker Family Foundation — Raymond James Charitable Fichtenbaum Charitable Trust — Bank of America Joni Templeton Charitable Trust — Bank of America Louella Martin — North Texas Community Foundation Servier Pharmaceuticals Foundation Shawn and Cindy McLaughlin — Fidelity Charitable Sid W. Richardson Foundation Susan and David Rich Foundation — Wells Fargo Thomas M., Helen McKee & John P.

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#### \$1.000 to \$4.999

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#### \$250 to \$999

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# **2023 MEMORY AND HONOR**

#### **GIFTS OF \$100 AND ABOVE**

#### IN MEMORY OF:

#### Sarah Atnip

David Atnip

#### Justin Beckman

Mary Beckman

#### Justin Corbridge

Paula Olson
Fred Schwarmann
Lindsey Pyle's Family
Nancy Marks
Mike and Sydney Brill
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Thuan Vu

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# 2023 FINANCIAL REPORT

**X** RUTLEDGE CANCER FOUNDATION

Revenue	2023 Actual	INCOME:
General Donations	\$ 110,953	GENERAL DONATIONS - 13%
Events	\$ 434,415	EVENTS - 52%
		THIRD-PARTY FUNDRAISING - 4%
Third Party Fundraising	\$ 36,098	INVESTMENTS - 3%
Investments	\$ 26,766	_
Grants Received	\$ 224,500	GRANTS RECEIVED - 27%
Total Revenue	\$832,732	

#### IN HONOR OF:

#### Theresa Brillhart

Delynn and Ted Crofford Charitable Fund

#### Gloria Kanter

Alexander Kanter

#### Grace Kight

Sarah and John Kight

#### Michael Kovnar

Gretchen Miller

#### Olivia Nowell

Cammie and Jim Nowell

#### **Hannah Rector**

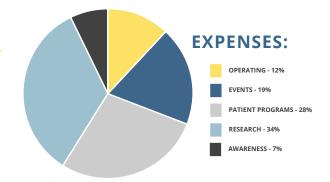
Tracy Rector and Greg Fitzgerald Charitable Fund

#### Maggie Shipman

Patricia and Andrew Vories Hilary and Joshua Shipman

Expenditures	2023 Actual
Operating	\$ 108,497
Events	\$ 171,053
Patient Programs	\$ 250,305
Research*	\$ 313,609
Awareness	\$ 66,211
Total Expenditures	\$909,675

<sup>\*</sup>Research partially funded from prior year's funds.



Learn more at: rutledgecancerfoundation.org











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